

SUITSS.CO

# HOW TO MEASURE DRESS SHIRTS

*The Ultimate Guide To a Perfect Fit  
For Women*

# SUITS.

In this extensive guide will find 3 methods you can use to send us your measurements and get that perfect fit you are looking for.

- Sharing Body Measurements
- Sharing measurements off a shirt
- Sending us a perfect fit shirt.

## Body Measurements – Women’s Shirt

Ask a friend for help or have your local tailor measure you based on our guide



### 1. NECK

Measure around your neck. Adjust the measuring tape to your preferred looseness. It is very important to introduce a finger between your body and the tape.

**Tip:** *Alternatively, you can measure the collar of a shirt that fits you well. You should measure from the buttonhole to the button around the neck.*



### 2. Chest

Measure around the widest part of your chest (put the measuring tape on both nipples).

Let loose so that you can put a finger between your body and the tape. Make sure that the tape is at an even height all the way around.

**Remember:** *It is very important that the measuring tape is at level of both nipples and put a finger between your body and the tape.*



### **3. SHOULDER WIDTH**

Ask for a friend's help. Put on a shirt that fits you well and measure between your shoulders.

The measuring tape should be close to the lowest part of the shirt's neck.

Measure the distance from one shoulder to the other, the measuring tape has to start and finish one centimeter before the end of your shoulder. See picture on the left.



### **4. SHIRT LENGTH**

Take the measure from the highest part of your shoulder (next to the collar) to the longest part of the shirt. See image on the left.



### **5. BICEP**

Measure around the widest part of your bicep. Let loose so that you can put a finger between your body and the tape.



## 6. SLEEVE LENGTH

Put on a shirt that fits you well. Measure from the shoulder's seam all along the arm until you find the desired length.

**Tip:** *The most used length is to measure from the shoulder's seam to where the thumb bone starts (see picture on the left)*



## 7. WRIST

Measure around the wrist leaving one finger of space to take the measurement.



## 8. WASIT

Put the measuring tape around your waist, waist is the narrowest part of your body at the height were you would wear your pants.

Let loose so that you can put one or two fingers between your body and the tape. Note: Your off-the-rack pants size is NOT the same as your actual waist size. We need actual measurement.





## 9. HIP

Measure around the widest part of your HIPS (normally around your behind).

Make sure that you can put a finger between your body and the tape. The tape should be straight at all times



## 10. STOMACH

Measure around the widest part of your abdomen. Let loose so that you can put a finger between your body and the tape.

Make sure the tape is at the same height at all times.

The widest part of the abdomen tends to be 3-4 cm under the belly button.

*Remember to put a finger between your body and the tape.*

**Note: We do not add extra measures, our team will add the required margins needed. Make sure you note down the body measurements as shown above and share those.**

# Women's Shirt – Measure your best fitting shirt

Please note that the shirt should be laid flat on a table or smooth surface for proper measurement.



## 1. COLLAR

The collar measurement should be taken from the middle of the button hole to the center of the collar button when the collar is spread flat.



## 1. Half Chest

Button the shirt and lay it flat.  
Then measure from left seam to right seam just below the armpit.



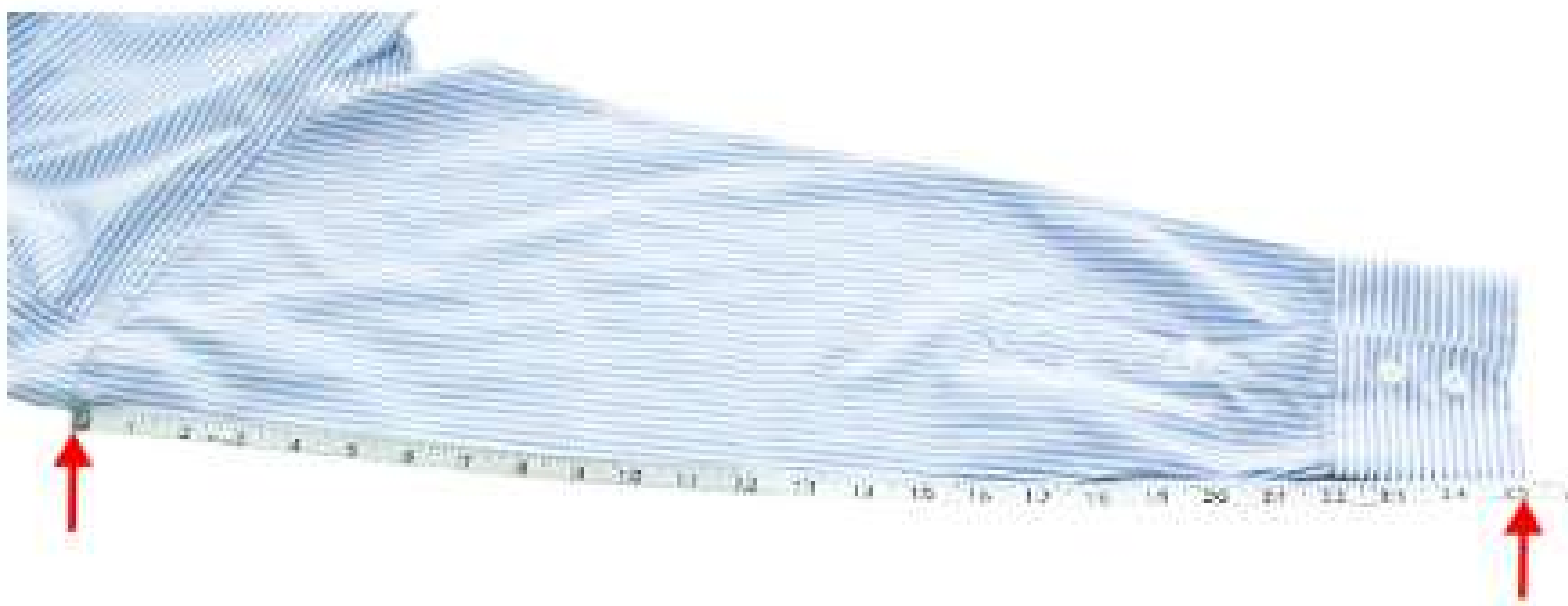
## 3. HALF WAIST

With the shirt laid flat, measure from left seam to right seam at the waistline.



#### **4. HALF HIPS**

With the shirt laid flat, measure from left seam to right seam at the base of the shirt.



#### **5. SLEEVE LENGTH**

Lay a sleeve flat and measure along the outside edge (opposite to the sleeve seam) from the top of the shoulder (starting at the seam) to the end of the cuff.



#### **6. HALF BICEP**

With the shirt laid flat, measure the width of your sleeve at the upper arm.



## 7. CUFF

Spread the cuff on flat surface. Place the measuring tape on the center of the buttonhole and measure across to center of the button.



## 8. YOKE

Measure the distance between the sleeves, from one edge of the shoulder to the other, across the back.



## 9. SHIRT LENGTH

Measure at the back from the base of the collar seam at the middle to a point where the shirt ends.





## 10. HALF ARMHOLE

Place the shirt on a large flat surface so the front of the shirt is facing you. Place the measuring tape at the top of the armhole seam and follow it along its edge to the point where the armhole meets the sleeve seam. (Note: this is a curved measurement, so please measure carefully.)

**Note:** We do not add extra measures (except for shrinkage and tolerance allowance) when you take measurements from your best fitting shirt.

## Send Us Your Best Fitting Shirt

Have a favorite shirt that fits just right and you simply want a new shirt that has the same wonderful fit? Mail it to us and we will do all the measuring. We will also keep a perfect record of the size and other details so you would not have to do this again.

Please mail your shirt to the address listed, include your notes on any changes to the size and style preference.

Your shirt will be handled carefully and promptly returned to you along with your new shirts.

|                             |   |
|-----------------------------|---|
| <b>Customer Information</b> | Mention your name , contact number, email address and return shipping address on a piece of paper and add to the parcel |
| <b>Too</b>                  | Suitss.   |
| <b>Address</b>              | 7 CBR UBL Society, Behind LUMS University, Lahore   |
| <b>Contact Number</b>       | 03059999748   |

# Other Instructions

- 1. Send the shirt through a trackable courier service and update us on Instagram. This is the cheapest and safest way to send packages to us.**
- 2. Include in the package the following details: order #, full name, registered email address, return/mailing address, and instructions.**
- 3. There is no need to purchase a box or a large envelope for shipment. Fold the shirt neatly and don't forget to include your details and notes.**
- 4. Mark the package as "used/sample clothing" to avoid paying additional/unnecessary customs taxes.**
- 5. Email us or update us on Instagram, the package reference number given to you by the courier company so we can track it.**
- 6. Our team will update you once the package is received and will be in touch in case of questions.**
- 7. Processing time from a customized order is between 7-10 working days but may vary depending on the order influx and load.**
- 8. If you are ordering for a particular occasion and have a deadline communicate this in advance to our team so we can process the order accordingly.**
- 9. Go over our exchange and return policy before placing the order.**
- 10. Shipping charges will be borne by the customer.**